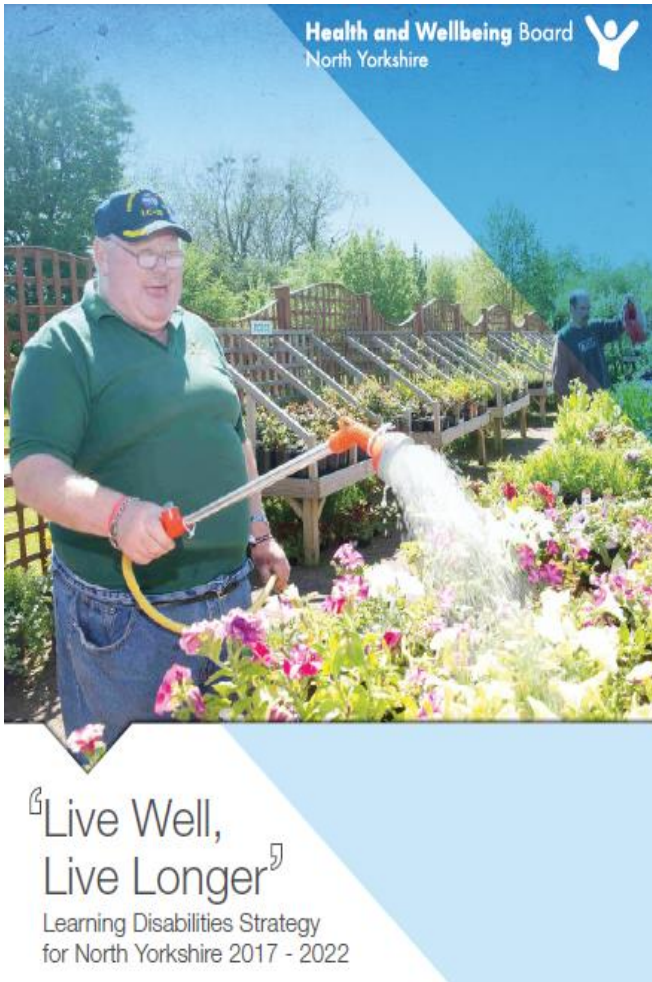


Supporting People With Learning Disabilities in North Yorkshire

June 2019

Learning Disability Lead for Health and Adult services

- Care and Support Portfolio : Cara Nimmo
Head of Craven Locality
- Practice Lead : Niki Benstead, Senior
Social Worker
- Commissioning Lead: Jonathan,
Commissioning Manager



- Launched in June 2017
- Created in consultation with people who have a Learning Disability in North Yorkshire
- A partnership approach between NYCC & NHS

Live Well, Live Longer – Learning Disabilities Strategy

Vision

People with a learning disability should have the opportunity to live long and healthy lives.

They should be supported to exercise choice in their daily lives, feel happy, safe and supported, be active and fulfil their potential, enjoy the best health and wellbeing possible and, be respected and treated with dignity

The national picture

A learning disability is different for every person who has one. There are some things that are true for everyone with a learning disability and some common (and not so common) conditions that will mean someone has a learning disability.

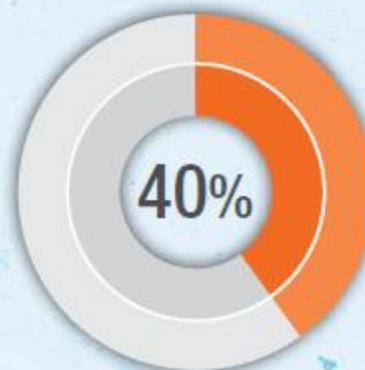
A learning disability reduces a person's ability to do some everyday activities - for example household tasks, socialising or managing money. These are challenges which affect someone for their whole life.

People with a learning disability may take longer to learn and need support to develop new skills, understand complicated information and interact with other people.

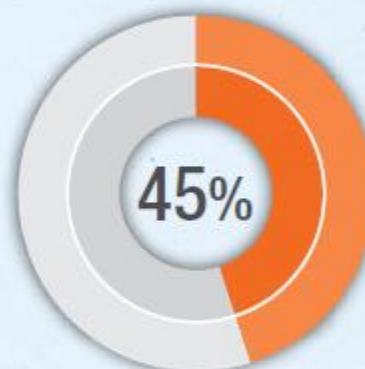
What does the data tell us?

How many people in the UK have a learning disability?

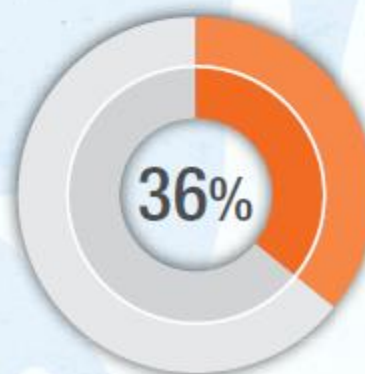
Approximately 1.5 million people in the UK have a learning disability. It was estimated that in England (in 2011) 1,191,000 people had a learning disability. This included 905,000 adults aged 18+ (530,000 men and 375,000 women).



40% of people with a learning disability also have physical and/or sensory impairments



Up to 45% of people with a learning disability may have a mental health condition



36% of children and young people with a learning disability also have a diagnosable psychiatric disorder and are 33 times more likely to be on the autism spectrum

The Local Picture

What does the data tell us?

How many people in North Yorkshire have a learning disability?

In North Yorkshire it is estimated there are 11,338 people with a learning disability aged 18-85. This is predicted to rise to 11,870 by 2030. Of these around 2,300 will have a moderate to severe learning disability, and will be likely to need services from North Yorkshire County Council and the NHS. Approximately 1,880 adults aged 16-64 are funded by and known to North Yorkshire County Council.



11,338

People in North Yorkshire aged 18-85 with a learning disability

There are approximately 2,300 people with a learning disability registered with GP practices across North Yorkshire. Because of the way this information is recorded, we believe this is an underestimation of the true number of people.



550

Young people aged 14-18 with a learning disability in North Yorkshire

The total number of young people with a learning disability aged 14-18 in North Yorkshire is approximately 550. On average annually just over 100 young people will 'move' from Children's Services to Adult Social Care, of whom over a third will have an array of complex needs and will also require support with their health needs.

There are 310 people with learning disabilities who also have autism known to North Yorkshire County Council.

There are some people who have complex needs and behaviours that challenge. There are currently 38 local people receiving a service as an inpatient in secure accommodation or from within an assessment or treatment unit. They may have complex learning disabilities and/or autism, together with mental health/substance misuse or another disorder. People in inpatient services may have behaviours which put themselves or the public at risk. Based on current experience, it is anticipated that two to three people will leave inpatient services each year.

North Yorkshire
County Council

Health inequalities for people with Learning Disability:

Data shows there are approximately 1.5 million people in the UK that have a Learning disability.

- *This includes 905,000 adults:*
- *530,000 men*
- *375,000 women*

National research tells us people with learning disabilities are more at risk of health problems. They are more likely to develop conditions such as:



- *diabetes,*
 - *sensory impairments*
 - *heart disease*
 - *respiratory problems.*
-
- *They are also at greater risk of developing dementia, particularly if they have Down's Syndrome.*



- **Health Inequalities cont..**



- *Findings from a 2013 inquiry into premature deaths of people with a learning disability found that on average:*

-  *men die 13 years sooner*  *woman die 20 years sooner,*

than those without a learning disability.

- *It is estimated that as many as 1200 people still die avoidably each year.*
- *Lessons learned have indicated that people need to receive the health care they require in a timely way.*

Live Well, Live Longer – Learning Disabilities Strategy group

A strategy group has been set up to drive forward the ambitions of the strategy. Their priorities on the strategy are:

- Personalisation and Choice
- Prevention, Early Help, Support and Care
- Right Care In The Right Place
- Empowerment and Enablement
- Preparing for Adulthood
- Caring for Carers

The strategy group meets 2 monthly and includes a range of stakeholders from different organisations (including NHS). It has formed an action plan with timescales and named individuals to lead on each action.



Learning Disability Partnership Board

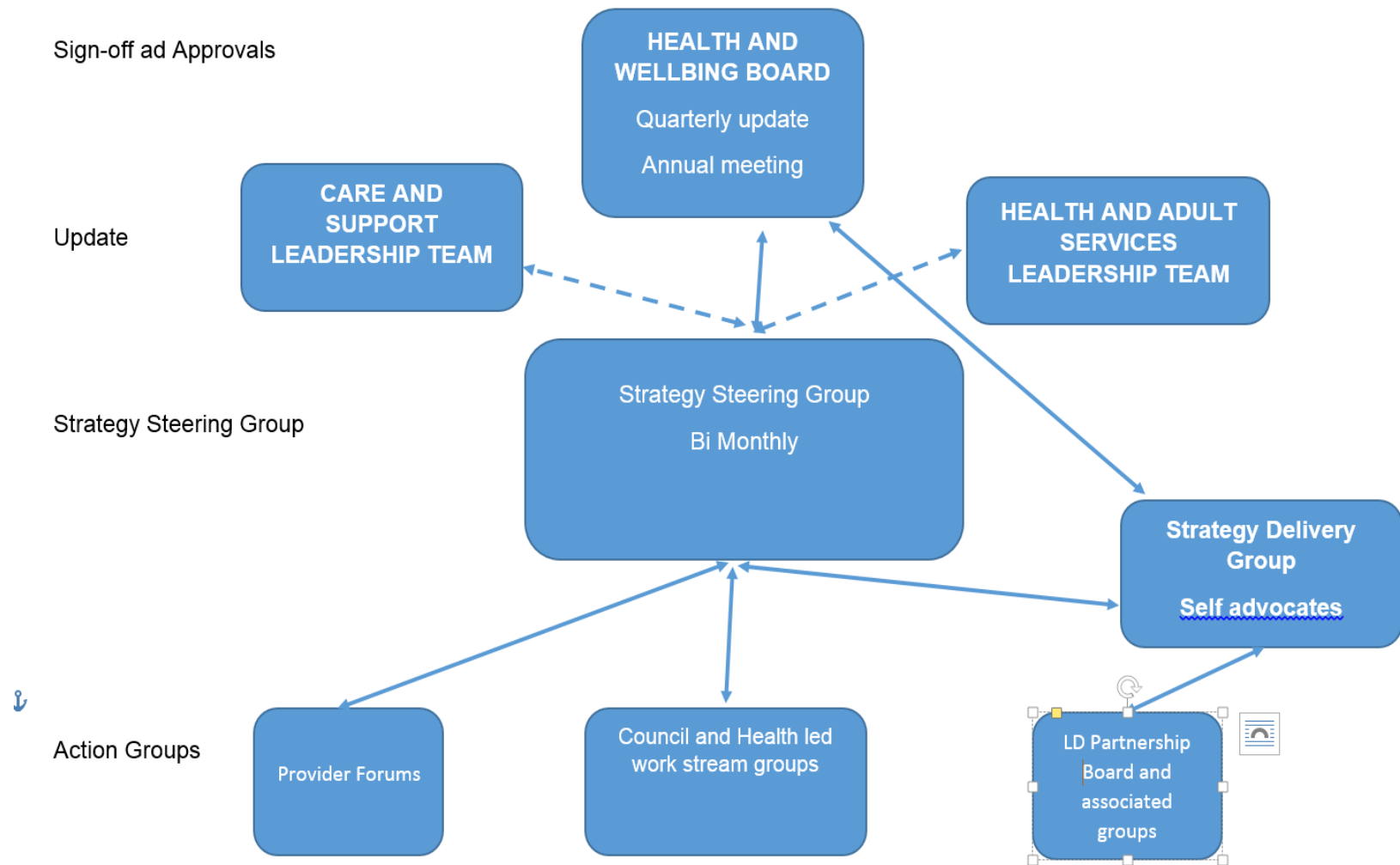


This group meets quarterly and includes Self Advocates from each area of the County.

- Set up own Strategy Action
- Group where Self Advocates
- Are helping us deliver the
- Strategy through their own
- Actions.



Live Well Live Longer Governance Structure



Practice update

- Since April 2017 assessment staff throughout the whole of Adult social care pathway work with and support adults with Learning Disability.
- This ensures adults with Learning Disability are supported by Care Act compliant practice , and are encouraged to maintain maximum independence, choice and control in their day to day lives.
- Practice advisors for learning disabilities are based in locality teams to support staff to achieve best outcomes for people

Strength Based Assessment – Supported Living

A programme of work was started in September 2018 to provide a strength based assessment for all adults with Learning Disability, residing in supported living accommodation. The aim is to focus on individuals strength's and promote maximum independence.

We are also taking the opportunity to improve the information we hold around the properties which are used for Supported Living and the care that is provided to inform decisions around the future commissioning arrangements for this provision.

Across the County there are around 200 Supported Living properties, housing over 500 people, so its essential that we ensure services and properties are good quality and provide value for money.

New Supported Living Model in North Yorkshire

We are currently working on the development of a new Supported Living 'model' in North Yorkshire.

This will take the learning from Strength Based Assessment project and look at developing a new commissioning model that improves quality, consistency and availability of Supported Living across North Yorkshire. Work is already underway and will continue into 2019

Transitions pathway update

- New pathway for young people transitioning from Children's social care to Adult social care introduced this year.
- This means that for Adult social care will work alongside children's social care from the age of 16, to support the young person with LD/Autism and their family.
- This will enable the young person to have the right support, from the right professional and the right time, to prepare the young person for adulthood.

